

# LESSON ELEVEN

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**OBJECTIVE 3: STAYING IN CONTROL**

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## LESSON 11: Budgeting Screen Time Equals Fun Time

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### OBJECTIVE

- Students will understand why they should budget their screen time.

Teacher's Note: This lesson may require two class periods to complete. It is suggested that the four-square be completed in one session and the paragraph writing be completed in the second session.

### COMMON CORE STATE STANDARDS

- ENGLISH LANGUAGE ARTS
  - \* **CCSS.1.W.3** Write narratives in which they recount two or more appropriately sequenced events, include some details regarding what happened, use temporal words to signal event order, and provide some sense of closure.
  - \* **CCSS.1.SL.6** Produce complete sentences when appropriate to task and situation. (See grade 1 Language standards 1 and 3 on page 26 for specific expectations.)

### LESSON OVERVIEW

- Students brainstorm reasons to budget screen time.
- Students write a paragraph using the four-square strategy.

### MATERIALS NEEDED

- Overhead of four-square templates, Worksheet 11.1.
- Four-square Worksheet 11.1: 1 per student
- Student writing paper

## PROCEDURE

### Step 11.1: Students Complete Four-Square Writing Activity

\* **CCSS.1.W.3 & CCSS.1.SL.6**

- **Ask Students:** Who can tell me what a Screen Budget is? How many hours a week have we decided on for our Screen Budget?
- **Tell Students:** We are going to do a writing activity that will help us understand why budgeting our screen time is a good idea. Before we start, let's review our *Things We Enjoy* chart.

Teacher's Note: Use *Things We Enjoy* chart from Lesson 3.

- **Tell Students:** Now that you are budgeting your screen time, have you found other enjoyable activities you would like to add to our chart?

Teacher's Note: Distribute four-square Worksheet 11.1 to students. Using an overhead display a blank four-square template. The teacher should complete the template along with the students in a step by step manner.

- **Tell Students:** This is what we will be using to help us with our writing activity. It is called a four-square. In the middle box of the four-square is our topic sentence; **I can have fun when I budget my screen time.** Choose one of your favorite activities and write it on the top line in box 2. Choose another activity you enjoy and write it on the top line in box 3. Choose one more fun activity and write it on the top line in box 4.
- **Ask Students:** How does it make you feel when you've budgeted your screen time and have more time to do the fun activities you have listed on your four-square?

Allow students to share their responses.

Teacher's Note: If students are having difficulty summarizing how they feel, more prompting should be given.

-How does it make you feel when you have time to ride your bike?

Using student responses, write one conclusion sentence for box 5 of the four-square writing activity.

-I feel happy when I budget my screen time. -I love to budget my screen time.

- **Tell Students:** Look at box 2. Write a sentence about the activity you have chosen.

Teacher's Note: Demonstrate how this is done by using the activity you wrote in box 2. Repeat the above for boxes 3 and 4. When sentences are completed, starting with box 1, read your four-square aloud as a story. After the teacher's four-square has been read orally, the teacher demonstrates how to transfer the five sentences into a paragraph on lined writing paper. Teacher distributes lined paper and has students write their paragraphs. See a completed four-square on the following page.

# Example of a Completed Four-Square

<p>2.</p> <p style="text-align: center;"><u>          bike riding          </u></p> <p><u>I like bike riding.</u></p> <p>_____</p> <p>_____</p>	<p>3.</p> <p style="text-align: center;"><u>          basketball          </u></p> <p><u>I like to play basketball.</u></p> <p>_____</p> <p>_____</p>
<div style="border: 1px solid black; padding: 5px; display: inline-block;"> <p>1. I can have fun when I budget my screen time.</p> </div>	
<p>4.</p> <p style="text-align: center;"><u>          reading          </u></p> <p><u>I enjoy reading my books.</u></p> <p>_____</p> <p>_____</p>	<p>5.</p> <p><u>I have fun when I budget my</u></p> <p><u>screen time.</u></p> <p>_____</p> <p>_____</p>

Example paragraph:

I can have fun when I budget my screen time. I like bike riding. I like to play basketball. I enjoy reading my books. I have fun when I budget my screen time.

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

# Four-Square

<p>2.</p> <hr/> <hr/> <hr/> <hr/>	<p>3.</p> <hr/> <hr/> <hr/> <hr/>
<p>4.</p> <hr/> <hr/> <hr/> <hr/>	<p>5.</p> <hr/> <hr/> <hr/> <hr/>

1. I can have fun when I budget my screen time.