

Second Grade LESSONS AT A GLANCE

LESSON 1: Awareness of Screen Use

- Screen Pictures for tally chart
- Screens Watched Yesterday bar graph (estimated)
- Viewing habits discussion
- Create a class paragraph summarizing information
- Family Newsletter Issue 1

LESSON 2: 3-Day Screen Awareness

- Screen Log (1 per student)
- Screen Log “Yesterday” overhead
- Teacher’s letter to parents

LESSON 3: Negative Effects of Too Much Screen Use

- Discuss activities we enjoy
- Discuss and list negative effects of screen use
- Four Square Graphic Organizers
- Write a paragraph summarizing negative effects
- Screen Log Reminder Note

LESSON 4: Preparing For The Challenge

- Screen Logs turned in
- Create Class Spirit Prop
- Family Newsletter Issue 2

LESSON 5: Opening Ceremony

- Worksheet: *INSTEAD OF SCREENS, I CAN...*
- School-wide Assembly
- Screen-Free Packet
 - Letter to Parent
 - Contract
 - Journal
 - Challenge in Progress Sign
 - Success Slips
- Record Sheet for Screen-Free Success Slips

LESSON 6: Setting Goals for Productive Activities

- Discuss fun and productive activities
- Setting Goals
- Screen-Free Goal Statement Sheet

LESSON 7: Making Smart Choices

- Strategies to reduce screen temptation

LESSON 8: Recognition Ceremony

- School-Wide Assembly
- Certificates of Completion/Participation
- Trophy
- Family Newsletter Issue 3

LESSON 9: Understanding the Screen Budget Challenge

- Students Decide on a Screen Budget
- Screen Budget Packet
 - Letter to Parent
 - Contract
 - Success Slips
- Budget Talk Sessions Begin
- Budget Success Chart
- Budget Certificates

LESSON 10: Planning a Family Meal

- Family dinner discussion and planner
- Conversation cards
- Parent Letter

LESSON 11: Violence in Cartoons

- *Rose and Too Much TV* (early elementary version)
- Discuss violence
- Cartoon video and violence tally worksheet
- Friendly Letter Form (optional)

LESSON 12: Rose and Too Much TV

- *Rose and Too Much TV* (early elementary version)
- Discussion of negative effect of excessive screen use
- Cause-Effect Chart completion
- Family Newsletter 4

LESSON 13: Cause and Effect Writing

- Students write cause and effect paragraphs relating to *Rose and Too Much TV*
- Four-Square Graphic Organizers

LESSON 14: Be Smart! Get the Message Out!

- Students prepare a display



SAMPLE CALENDAR

(Month)

(Year)

Take the Challenge Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<ul style="list-style-type: none"> It is suggested a parent meeting introducing the Take the Challenge Curriculum be planned and held before Lesson 5 		Lesson 1 Graph (Staff meets to plan Opening Ceremony)	<ul style="list-style-type: none"> It is suggested that Lesson 1 not begin on a Monday so the graphing lesson can reflect a normal viewing day. 	
	Lesson 2 3-Day Screen Log			Lesson 3 Things We Enjoy chart	Collect Screen Logs	
	Lesson 4 Begin making Spirit Props		Lesson 5 Opening Ceremony Screen Free Challenge Begins		Lessons 6 & 7 should be done during the Screen Free Challenge.	
				Last Day of Challenge	Lesson 8 Awards Ceremony	
	Lesson 9 Screen Budget Challenge Begins		<ul style="list-style-type: none"> Remaining lessons can be scheduled anytime throughout the rest of the school year. 			