

LESSON ELEVEN

OBJECTIVE 3: STAYING IN CONTROL

LESSON 11: Role-Playing Solutions to Tough Situations

OBJECTIVE

- Students will practice applying strategies to avoid screen viewing.

COMMON CORE STATE STANDARDS

- ENGLISH LANGUAGE ARTS
 - * **CCSS.3.SL.4** Describe familiar people, places, things, and events and, with prompting and support, provide additional detail.

LESSON OVERVIEW

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| <ul style="list-style-type: none">• Students receive role-play scenarios.• Students prepare role-play presentations.• Students perform role plays.• Students discuss application to real-life situations. |
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MATERIALS NEEDED

- Tough Situations Role Play Scenarios worksheet 11.1: 1 per group of 2 - 4 students.

PROCEDURE

Step 11.1: Students Receive Role Play Scenarios

- **Tell Students:** Today you are going to practice what to say and what to do when you are tempted to watch screens. In small groups you will be preparing and performing a role-play for the class. A role-play is a little like playing pretend or acting out a scene from a play. Some of you will have small roles. You can decide what sort of role you want, but all of you will participate.
- **Tell Students:** Soon you will divide into groups of 2 to 4 students and I will distribute a role-play situation paper to each group. Each role-play situation is like a problem, and you have to think of a solution as a group. You will have about 5-10 minutes to come up with your solution to the problem and to practice your scene. Then, you will perform your role play solution for the class.
- **Tell Students:** Remember, you want to try to come up with a solution that will solve the tough situation.

Teacher's Note: Students have two options in performing their role-plays. They can either write out what they are going to say and read their role-play, or they can plan what they are going to say and deliver it impromptu. We recommend the latter to keep it more realistic and to give students practice in resisting peer pressure and responding to situations in a more lifelike manner.

If possible, act out one of the scenes as an example for students to follow.

Divide students into groups of 2 to 4. Distribute a role-play worksheet 11.1 to each group. Give students a 2-minute warning before performance time.

Step 11.2: Students Perform Role-Play Solutions

*CCSS.3.SL.4

- **Tell Students:** Now it's time to perform your solutions for the rest of the class. Talk about what made it a good solution.

Invite student groups to perform.

- **Ask Students:** What did you like about this group's performance? Do you think that the solution would work for you? If not, what could someone say if they found themselves in a similar situation?

Allow students to respond.

Step 11.3: Students Discuss Other Tough Situations

- **Ask Students:** Have you ever faced a tough situation like the ones we talked about in class today? Do you think you ever might be faced with a tough situation? What other kinds of tough situations can you imagine? What did you say or could you say when confronted with a tempting situation?

Allow students to respond.

- **Tell Students:** Remember that having a flexible plan ready for challenging situations will help you in the future.

Smart Role Play #1 (3 actors)

Your sister and brother want you to watch cartoons with them. You have only one hour left in your Screen Budget and are saving it for a special show.

Sister: Hey, why don't you come in here and watch TV with us? Some cool new cartoons are on!

You:

Brother: They're good shows, and we're all watching them.

You:

Sister: You have time left in your Screen Budget, don't you? Just use your Screen Budget time now. Come on, don't you want to hang out with us?

You:

Smart Role Play #2 (3 actors)

You and your parents just finished dinner. You have already finished your homework. Your parents are now watching a movie in the living room. You have no time left in your Screen Budget.

Mother: Are you going to watch the movie with us?

You:

Father: Can you use some of your future Screen Budget time from next week for now?

You:

Mother: What else could we do together?

You:

Smart Role Play #3 (3 actors)

You come out of your room and see your brother and sister playing video games. You want to play a board game with them.

Sister: Are you going to play video games with us?

You:

Brother: I don't know if I want to play a board game. Why can't we just keep playing video games?

You:

Sister: I think playing a board game could be fun. If our brother doesn't want to play a board game, what other things could we do?

You:

Smart Role Play #4 (3 actors)

You are spending the night at your cousins' house, their mom has rented videos to watch after dinner. You want to do something else.

Cousin: Cool! Mom rented a great movie for us to watch. I can't wait to see it. Do you want to watch the movie?

You:

Other Cousin: Come on, I've wanted to watch this movie for a long time. Why don't you want to watch a movie?

You:

Cousin: What else could we do together?

You:

Smart Role Play #5 (3 actors)

Your friends invite you over to their house. When you get there, they are all watching TV. It's the end of the week, and you don't have much time left in your Screen Budget. It's a beautiful day, and you want to play outside.

Friend: What's up? Come and watch TV with us. Nothing much is on, so we're just flipping through the channels.

You:

Other Friend: I don't feel like going outside to play. I'm sure there will be something good on TV to watch soon.

You:

Third Friend: Playing outside sounds fun. What should we do?

You:

Smart Role Play #6 (3 actors)

Your parents are out, and you have a babysitter. Your babysitter wants to watch a video. You've seen the video many times before and would rather do something else.

Babysitter: Now that we've had dinner, let's watch a video. Don't you want to watch a video and relax?

You:

Babysitter: But it's so much easier to just watch a movie. Plus, I don't know what else we could do, do you?

You:

Babysitter: Well, I guess if you want to do something else, we can. What should we do?

You:

Smart Role Play #7 (3 actors)

Your grandmother is visiting for the month. She watches a lot of TV all day. When you come home from school, she gives you a hug and invites you to watch TV with her. You would rather do something else.

Grandma: Hello, I am so happy to see you. Why don't you join me and watch this program?

You:

Grandma: Well, if you don't want to watch TV together, I'm not sure what we could do. What sort of things do you like to do that we could do together?

You:

Grandma: I'm glad that you wanted to do something else rather than watch TV. Why don't you want to watch it? Is it because of something you learned in school? It feels good to turn the TV off for a while.

You: