

LESSON FOURTEEN

OBJECTIVE 4: HELPING OTHER REDUCE SCREEN USE

LESSON 14: Be Smart! Get the Message Out!

Note: Before beginning this lesson, we encourage you to meet as a staff to decide which method of display each grade/class will use.

OBJECTIVE

- Students will create a quilt depicting the many alternative activities to watching television to help get the message out to the community.

LESSON OVERVIEW

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| <ul style="list-style-type: none">• Students brainstorm screen free activities.• Students create individual pictures for the quilt.• Students will discuss how to get the message out. |
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MATERIALS NEEDED

- Butcher paper: 1 large sheet per class

Alternate Activities:

- Make ads on grocery bags to hand out to customers.
- Make placemats for a local restaurant.
- Make a class mural/poster to be hung in a local business.
- Make radio or newspaper ads.

PROCEDURE

Step 14.1: Students Brainstorm Ideas for Quilt

- **Tell Students:** We know that there are many other fun and exciting things a person can do instead of watching screens, but other students may not realize what they are missing out on! Let's help those students by giving them some idea of what they can be doing instead of watching screens. I know we have thought of ideas before, so try to either come up with a new idea, or think of your very favorite idea of what to do when you are not watching screens. I'll write your ideas on the board.
- **Ask Students:** What is your favorite thing to do when you are not watching screens?

Examples/Prompts

- I like to paint.
- I love to play tag with my sister outside.
- I like to read books.

- **Tell Students:** Now you're going to use the ideas on the board to create a scene for a quilt.
- **Ask Students:** Can anyone explain to the class what a quilt is?

Allow students to respond.

- **Tell Students:** A quilt is made of many pieces of fabric. It can tell a story or give a message. Our *paper* quilt is going to be made of all of your drawings put together. It will tell a story about all of the fun things we like to do instead of watching TV or playing video games.
- **Tell Students:** Each of you is going to draw a picture using the ideas on the board, or your own idea, and then we are going to put all of your drawings together. Be sure to label your picture and describe what's going on. I will tape them to a large sheet of paper, so by the time it's finished it will look like a big quilt. Then, we'll hang our quilt up where everyone can see it!

Teacher's Note: If possible, hang the quilt in a central area like the library or cafeteria, for other students to see. It can also be used as a door quilt in the classroom.

Step 14.2: Students Create Quilt Pieces

- **Tell Students:** I will give each of you paper and markers to use to make your quilt piece.

Distribute quilt materials. Allow students time to create their quilt squares. Assemble the pieces to form one class quilt and display.

How to Create a Classroom Quilt

ITEM DESCRIPTION: “Be Smart! Get the Message Out!” Quilt

MATERIALS:

- Completed quilt sections
- Butcher paper (approx. 3' x 8')
- Tape or glue
- Large flat surface to lay out quilt pieces (like the floor, a big table, or several desks)

PROCEDURE:

1. Roll out the butcher paper on the large flat surface. You may need to tape down or secure the edges so that the paper does not roll up.
2. Lay out your quilt pieces on top of the butcher paper, positioning them in a way you think is attractive. Keep in mind color and content as you lay out your squares.
3. You may want to add one or two extra squares so you have a place to put a title and your class room number.
4. Once you've positioned your squares the way you want, attach them to the butcher paper with tape, glue, or spray adhesive.
5. Display the quilt in a prominent place like the cafeteria, school office, or a common wall in a hallway.